

# Epidemiologic spectrum of *Aspergillus* involved in mycosis in region of Monastir, Tunisia: a 5 year retrospective study

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## Introduction and purpose

Epidemiological aspects of Aspergillosis are in perpetual changing. They are typically caused by *Aspergillus fumigatus*, followed by *Aspergillus flavus*, *Aspergillus nidulans* and *Aspergillus niger*, However non-*fumigatus* species are now increasingly reported as common etiologic agents, depending on the organ involved, risk factors and the countries. Identification of species is crucial because of variations in the antifungal susceptibility profiles.

Therefore, the main aim of this study is to present the current trends in the epidemiology of *Aspergillus* spp.

## Methods

This is a retrospective study over a 5 year period from January 2016 to March 2021 of all strains of *Aspergillus* isolated from samples sent to the Mycology Laboratory of Fattouma Bourguiba University Hospital in Monastir, Tunisia. The mycological diagnosis was based on direct microscopy of specimens and species identification by culture on Sabouraud-Chloramphenicol and Malt mediums.

## Results

Over the 5 years of the study 134 *Aspergillus* strains were isolated collected from 110 patients. The mean age of these patients was 50 years (ranged from 2 to 89 years). Females were predominant (58.2%) with a sex ratio of 0.7 (Figure I). The *Aspergillus* strains were isolated from the external auditory canal (83%), respiratory tract (9%). The majority of isolates were collected in winter (30.6%) and summer (28.4%). The direct microscopy was positive for 71.7%. It showed only mycelial filaments for 47%, of specimens, yeasts and mycelial filaments for 8.2% of specimens, only yeasts for 6.7% and *Aspergillus* heads for 1.5% of specimens. A combination of two *Aspergillus* species was identified in 4 patients (2.9%). Association of *Aspergillus* and *Candida* were found in 21.6% of cases. The most frequently isolated species were *Aspergillus flavus* (42.5%) and *Aspergillus niger* (39.5%) followed by *Aspergillus terreus* (3%) and *Aspergillus fumigatus* (2.2%) (Table I). The species could not be identified in 9% of the cases. During the study period, 15 patients presented relapses, 80% of whom were infected with the same *Aspergillus* species. In these patients, the mean time to relapse was two and a half months.

Table I. Distribution of *Aspergillus* species.

Espèce	N	%
<i>Aspergillus flavus</i>	57	42,5
<i>Aspergillus niger</i>	53	39,5
<i>Aspergillus sp</i>	13	9,7
<i>Aspergillus terreus</i>	4	3
<i>Aspergillus fumigatus</i>	3	2,2
<i>Aspergillus tamarii</i>	2	1,5
<i>Apergillus fumigatus</i>	1	3
Total	134	100

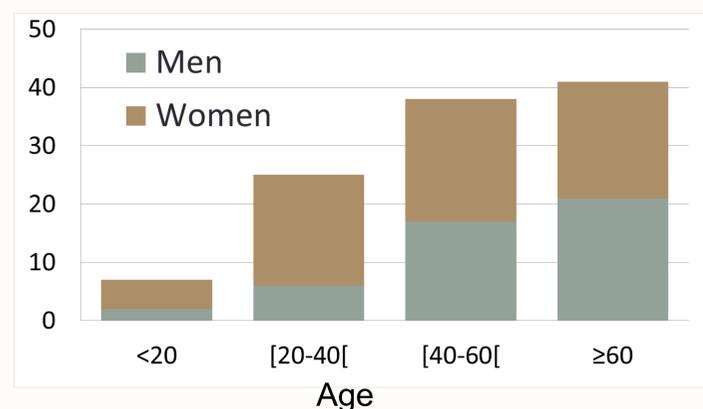


Figure I. Age and gender distribution

## Discussion

In our work, the majority of isolates were collected from the external auditory canal and respiratory tract. In Europe, *Aspergillus fumigatus* causes the majority of cases of aspergillosis, followed by *Aspergillus flavus*, *Aspergillus niger* and *Aspergillus terreus* [1]. In developing countries such as Tunisia *Aspergillus flavus* and *Aspergillus niger* are predominant species which is in line with our work [2]. These facts are very important to more accurate selection of empirical antifungal therapy

## Conclusion

Epidemiology spectrum of aspergillosis are in a constantly changing. The notable changement in the frequency of *Aspergillus* species, their involvement in the various type of aspergillosis emphasize the importance of the local epidemiology assessment

## References

- 1) Lass-Flörl C. The changing face of epidemiology of invasive fungal disease in Europe. *Mycoses*. mai 2009;52(3):197-205.
- 2) Gheith S, Saghruni F et al. In vitro susceptibility to amphotericin B, itraconazole, voriconazole, posaconazole and caspofungin of *Aspergillus* spp. isolated from patients with haematological malignancies in Tunisia. *SpringerPlus*. 2014;3(1):19.